

SANDWICHES



(Left to Right) Turkey Cranberry, Turkey Bacon Avocado, French Dip

FAMOUS SANDWICHES

WHOLE

Turkey Bacon Avocado On Focaccia

(845 cal) Slow-roasted, hand-pulled turkey, bacon, Kneaders sauce, provolone cheese, lettuce, tomatoes, red onions, avocado, salt & pepper

Club on French Country

Turkey, Ham, & Beef (705 cal) Slow-roasted, hand-pulled turkey, roast beef, ham, Kneaders sauce, provolone cheese, lettuce, tomatoes, red onions, salt & pepper

Tuna on Hazelnut 12 Grain

(710 cal) Albacore tuna mixed with dill, lettuce, red onions, celery, mayo, lemon juice, salt & pepper

Chicken Salad on Croissant

(595 cal) Chunks of grilled chicken breast, water chestnuts, lettuce, celery, pecans, green onions, mixed in a sour cream vinegar sauce, salt & pepper, served cold

Turkey Cranberry on Croissant

(470 cal) Slow-roasted, hand-pulled turkey, cranberry sauce, Swiss cheese, lettuce, salt & pepper

CLASSIC SANDWICHES

All Classic Sandwiches made with Kneaders sauce, provolone cheese, lettuce, tomatoes, red onions, salt & pepper and served whole or half on your choice of bread

WHOLE

HALF

Turkey (560 / 280 cal)

Veggie Avocado (610-1,350 / 305-675 cal)

Dave's BLT (680-1,420 / 340-710 cal)

Roast Beef (1,300 / 650 cal)

Ham (370-1,280 / 270-810 cal)

Ham & Swiss (584-1,324 / 292-667 cal)

Add avocado for additional cost

Add cucumber for no additional cost



Chicken, Cheese & Ham

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition/allergen information available upon request.

SANDWICHES

HOT SANDWICHES

French Dip on Baguette

(610 cal) Roast beef, Swiss cheese, au jus, salt & pepper

Chicken, Cheese & Ham on Asiago Cheese

(850 cal) Grilled chicken breast, ham, mayo, honey mustard, Swiss cheese, lettuce, tomatoes, red onions, salt & pepper

Tuna Melt on Hazelnut 12 Grain

(710 cal) Albacore tuna mixed with dill, lettuce, red onions, celery, mayo, lemon juice, salt & pepper

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition/allergen information available upon request.

whole

Chicken Pesto on French Country

(645 cal) Grilled chicken breast, fresh pesto butter, provolone cheese, basil, tomatoes, red onions, salt & pepper

Triple Double Cheese Melt

(840 cal) Three layers of French Country Sourdough bread with muenster cheese, provolone cheese and fresh pesto butter. May be served as a whole or half sandwich.

Add avocado for additional cost

Add cucumber for no additional cost



Combo 1 with Turkey Bacon Avocado

SALADS+SIDES



Large Thai Cashew Salad with Chicken

GOURMET SALADS

REGULAR

Turkey Bacon Avocado

(480 cal) Kneaders greens, slow-roasted, hand-pulled turkey, bacon, avocado, tomatoes, red onions, cucumbers, salt & pepper, Creamy Ranch dressing on the side, choice of bread or croutons

Southwest BBQ with Chicken

(500 cal) Kneaders Greens, Black Bean, Corn, Onion Mixture, 8 cherry tomatoes, 1/2 avocado, 2 oz scoop tortilla strips, 2 oz cilantro, divided, 1 Cojita Cilantro Dressing.

Thai Cashew with Chicken

(440 cal) Kneaders greens, sliced carrots, red cabbage, red bell peppers, cashews, fresh cilantro, salt, and pepper. Served with spicy Thai dressing on the side. Served with a slice of bread, croutons, or roll on the side.

Apple Cranberry with Turkey

(440 cal) Kneaders greens, mozzarella cheese, sunflower seeds, cranberries, green apple and red onions. Served with a side of poppy seed dressing. Served with a slice of bread, croutons, or roll on the side.

Berry Pecan with Chicken

(490 cal) Feta Cheese, whole raspberries, Candied Pecans, Strawberries, Blueberries, Onion Slices and Raspberry Walnut Vinaigrette dressing.

Avocado Ranch

(300 cal) Mozzarella Cheese, cherry tomatoes, cucumbers, onion rings, avocado, and creamy ranch dressing. Similar to the Turkey Bacon Avocado Salad, just without the turkey and bacon.

**Upgrade to a Large Salad for an additional cost*

SOUPS

Bowl of Soup with Bread (160-830 cal)

Soup in a Sourdough Bun (860-1360 cal)

Quart of Soup (840-1,360 cal)

Make sure to ask about our soup of the day

Salad Dressings add 50-280 cal. Ask about our low-calorie and fat-free dressing options

Substitute spinach for additional cost

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition/allergen information available upon request.



Turkey Bacon Avocado

ADD A COMBO

ADD TO ANY
SANDWICH OR
GOURMET SALAD



COMBO 1

**Side Soup or Deli
Salad & Reg Soda**
(add 80-750 Cal)



COMBO 2

Smoothie
(add 220-830 Cal)



COMBO 3

**Chips, Reg Soda &
\$4.79 Pastry**
(add 390-1,320 Cal)

KIDS COMBO



Grilled Cheese Kid's Combo

**1 Ham & Cheese Sandwich
with mayo (310 Cal)**

2 Grilled Cheese Sandwich (260 Cal)

**3 Peanut Butter & Jam
Sandwich (340 Cal)**

*Kids Combo Includes: Applesauce or Chips;
Choice of Soda, Milk or Apple Juice (add 270-380 Cal)
Plus: Kids Sugar Cookie (320 Cal)*



Chunky Cinnamon French Toast

BREAKFAST

**SERVED
UNTIL 11AM**

SERVED ALL DAY!

**Breakfast Sandwiches and
Chunky Cinnamon French Toast**

SANDWICHES

**Ham or Bacon or Sausage, Egg
& Cheese on Croissant*** (705-910 cal)

**Ham or Bacon or Sausage &
Cheese on Croissant** (515-720 cal)

Egg & Cheese* (600 cal)

ENTREES

Chunky Cinnamon French Toast**
(1,050 cal) Fresh strawberries, whipped topping, caramel syrup

Omelets - American*, Greek*, Italian* (570-870 cal)

Overnight Oats (170-680 cal) Raw Rolled Oats and White Chia seeds soaked overnight in Creamy Oat Milk, Vanilla Greek Yogurt, Peanut Butter and Honey. Topped with fresh banana, peanut butter, and Kneaders candied pecans

*Egg Whites Available - subtract 100 cal Sandwich & 90 cal Omelet

**All You Can Eat - Dine-in Only

BREAKFAST COMBOS

1

**Fruit, Juice or Coffee
with Entree** (80-590 Cal)

2

Smoothie
(220-830 Cal)

3

Coffee & Pastry Combo
with Coffee purchase (240-1,010 Cal)

KIDS

French Toast Sticks
(550-600 cal) Kneaders Chunky Cinnamon French Toast slices served with homemade caramel syrup and your choice of 2% milk or juice.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition/allergen information available upon request.



BREADS

PASTRIES

**BUY 5 PASTRIES
GET 1 FREE**

INDIVIDUAL PASTRIES

SINGLE / HALF DOZEN / FULL DOZEN

Cookies, Brownies & Bars (290-480 cal)

Chocolate Mousse Domes (840 cal)

Tarts (370-570 cal)

**Eclairs, Cinnamon Rolls, Specialty
Filled & Butter Croissants** (250-840 cal)

PIES & CAKES

Slice/Whole

Slice of Cheesecake* (570-650 cal)

Slice of Pie* (380-660 cal)

Petite Cake* / 6" Cake (490-740 cal)

Bread Pudding* (880-1010 cal)

*Selection may vary according to season and holiday
Please pre-order special occasion cakes and desserts
Can be ordered as a whole

HEARTH

French Country Sourdough A classic sourdough start is the secret to this crusty bread

Rosemary Focaccia Round This round loaf is topped with fresh rosemary and sea salt

Baguette Classic long, French loaf made in the traditional European style

Hazelnut 12 Grain Packed with sunflower seeds, sesame seeds, wheat, oats, triticale, flax, rice, millet, barley, corn, rye, and buckwheat

Asiago Cheese The perfect blend of Asiago and Parmesan cheeses baked in the bread

AMERICAN STYLE

Country White Classic sandwich bread, light, soft and fluffy

Honey Wheat Classic sandwich bread, light, soft and fluffy

Sweet Bread *Seasonal*

Chunky Cinnamon White bread swirled with cinnamon then frosted

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition/allergen information available upon request.

BEVERAGES



Mango Tango Smoothie



SMOOTHIES

16 OZ

Mango Tango

(530 Cal) Peach juice, mangoes, pineapple sherbet

Mornin' Sunshine

(490 Cal) Orange juice, strawberries, bananas, non-fat vanilla yogurt

Pink Piña Colada

(830 Cal) Guava juice, strawberries, bananas, cream of coconut, pineapple sherbet

Strawberry Tsunami

(470 Cal) Cranberry juice, strawberries, peaches, pineapple sherbet

Razzleberry

(520 Cal) Apple juice, raspberries, bananas, non-fat vanilla yogurt, raspberry sherbet

No Dairy Berry

(220 Cal) Guava juice, peaches, strawberries, bananas, no yogurt or sherbet

BEVERAGES

Soda & Iced Tea (0-480 Cal)

Orange Juice (160 Cal)

Milk (190-320 Cal)

HOT 16oz

Gourmet Hot Chocolate (310-570 Cal)

Steamer: Seasonal Flavor (210-240 Cal)

Hot Tea (5 Cal)

HOT OR ICED

16 OZ

Coffee: Home Blend, French Roast (5 Cal)

Cafe Latte (110-210 Cal)

Cafe Mocha (210-310 Cal)

Chai Tea Latte (340-440 Cal)

Americano (5 Cal)

Extra Espresso Shot (5 Cal)